

## Food Pantries

### **Indianhead Community Action Agency**

Connection's Store & More Pantry  
500 W 9th St N Ladysmith, WI 54848  
(715)532-7542  
Monday, Wednesday, Friday 10:00am - 4:00pm

### **Hope Lutheran Church Food Pantry**

320 S 1st St Ladysmith, WI 54848  
(715)532-7739  
Monday, 1:30pm-3:30pm  
Wednesday & Friday 9:30am - 11:30am

### **Ladysmith Baptist Church**

218 Lake Ave W Ladysmith WI 54848  
(715)532-5556  
2nd & 4th Tuesday of the month 10:00am - 2:00pm

### **Holy Trinity Food Pantry**

3494 County Road I Conrath, WI 54731  
(715)532-6456  
Saturday, following the 2<sup>nd</sup> Wed of the month,  
9:00am – 11:00am

### **Sheldon Food Pantry, Full Gospel Church**

W5662 Main Street, Sheldon, WI 54766  
(715)452-5286  
2nd Tuesday of the month 10:00am - 12:00pm

### **Bruce Food Pantry**

(Residents of Bruce, Weyerhaeuser, & Exeland Only)  
East River Ave Bruce, WI 54819 (Next to water tower)  
(715)868-6010 On-call food pantry

### **The Community Cupboard—Hawkin's Pantry**

915 Main St Hawkins, WI 54530  
(715)585-2303  
1st & 3rd Wednesdays of the month  
9:30am -11:30am and 4:00pm - 6:00pm

## Nutrition Education

### **Rusk County WIC Program**

311 Miner Ave E Ladysmith, WI 54848  
(715)532-2299 Call ahead for an appointment

### **UW Extension, Rusk County**

311 Miner Ave, Suite S140 Ladysmith, WI 54848  
(715)532-2151

*\*Some area pantries serve ONLY the residents in the communities they reside. We are not responsible or liable for any discrepancies.*

## Farmers' Markets

### **Rusk County Farmers' Market**

US Highway 8 & W. 4th Street  
Ladysmith, WI 54731  
Hours are June-October Wednesday, noon - 4:00pm  
Saturday, 8:30am - noon  
**NOW ACCEPTS EBT**

### **Bruce Farmers' Market**

Bruce Telephone Garden, corner of Hwy 8 and N Alvey  
Hours are June-October, Friday, 2:00pm - 6:00pm

## Home Delivered & Hot Meals

### **Manna Meal, Hope Lutheran Church Ladysmith (FREE)**

Meals served 4th Thursday of the month 5pm-6:00pm  
**Monday Fellowship Meal, Nathaniel Lutheran Church (FREE)**  
Meals served last Monday of each month 5:00pm  
(unless there is a holiday)  
1220 N 2nd St Bruce, WI 54819 (715)868-4455

### **Aging & Disability Resource Center (Delivered)**

311 Miner Ave. E Ladysmith, WI 54848 (715)532-2176

## Senior Dining

### **Bruce Center**

(715) 868-3411  
(Parksite Apts.) 503 N Coleman St. Bruce, WI

### **Hawkins Center**

(715) 585-2381  
509 Main St. Hawkins, WI

### **Ladysmith Center**

(715) 532-2638  
(Fairgrounds) 825 E 3rd St. N Ladysmith, WI

### **Sheldon Center**

(715) 452-5484  
W5594 Main St. Sheldon, WI



**Evangelical Lutheran Church in America**  
God's work. Our hands.

Printing of this brochure is supported by the ELCA Lutheran "Walking in Grace" worshipping community in Ladysmith, Wisconsin.

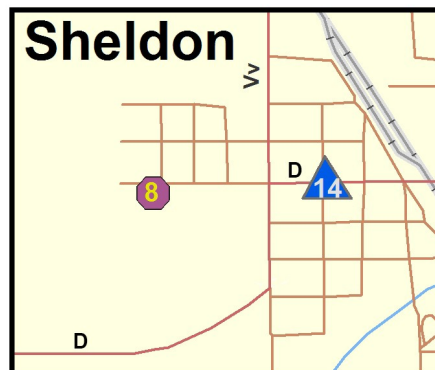
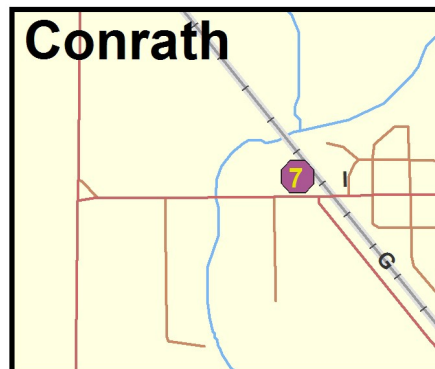
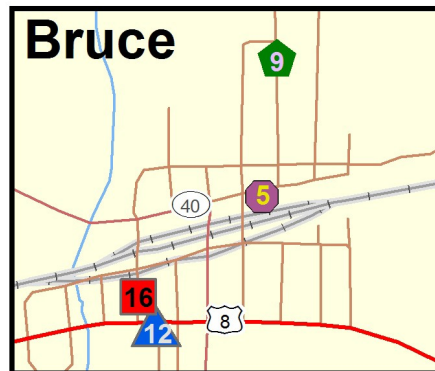
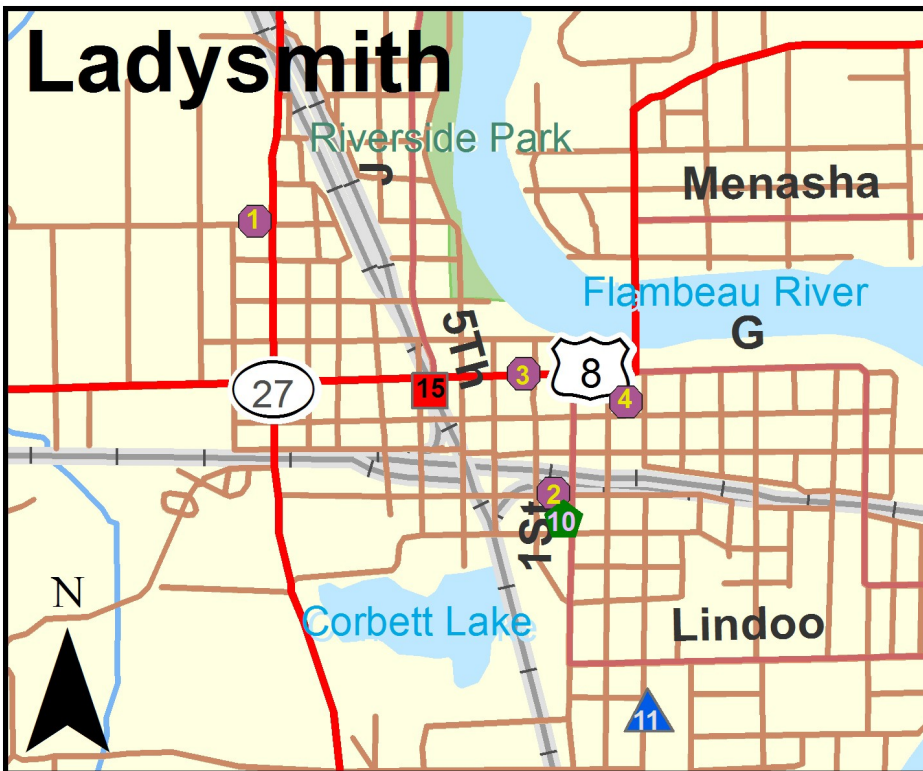
# FOOD RESOURCE GUIDE for 2014



## Rusk County

*Food Security Coalition of  
Rusk County*





# Rusk County Food Resource Map

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## ▲ Senior Dining:

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## ■ Farmers' Markets:

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### Shop Local Give-Away!

During the growing season, the Greater Ladysmith Area Chamber of Commerce will be giving away Shop Local Home-Grown Bucks which can be used to purchase locally grown and/or produced products at Chamber member farmers' markets, farms, and greenhouses.

Contact the GLACC at (715) 532-7328 or [ladysmithchamber@centurytel.net](mailto:ladysmithchamber@centurytel.net) for more information.

### Why Eat Locally?

Purchasing local food will guarantee *freshness* (local produce is usually harvested within 24 hours of purchase); *taste* (produce picked at the peak of freshness tastes better); *nutrition* (local produce contains less pesticides, additives, and preservatives); *local economy* (buying local keeps money in the community); and *environment* (decreases our dependence on non-renewable resources and decreases our carbon footprint).

### Summer Free Breakfast/Lunch—2014

Summer free breakfast and lunch will be offered for ANYONE under the age of 18 at Rusk County School Districts (call ahead to confirm serving meal times)

Bruce: 6/9 – 6/26 and 8/11 – 8/21 (715 868-2533)

Flambeau: 6/30 – 7/24 (715 532-3183)

Ladysmith: 6/16 – 7/3 High School and 7/7 – 7/20 Elementary School (715 532-5277)

Map produced by Jeff DeGrave  
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